

Wesham 10k Results 26th November 2016

| Pos | Num | M | F | Name | Cat | Club | Time |
|-----|-----|----|---|----------------------|-----|---------------------------|----------|
| 1 | 244 | 1 | | Rob Danson | M | Wesham Road Runners | 00:32:01 |
| 2 | 497 | 2 | | Danny Collinge | M | Clayton le Moors Harriers | 00:32:50 |
| 3 | 151 | 3 | | Joe Monk | MJ | Blackburn Harriers | 00:32:54 |
| 4 | 471 | 4 | | Gareth Booth | M45 | Horwich RMI Harriers | 00:33:25 |
| 5 | 453 | 5 | | Jeff Prest | M40 | Trafford AC | 00:34:03 |
| 6 | 164 | 6 | | Jason Parker | M40 | Preston Harriers | 00:34:24 |
| 7 | 395 | 7 | | Stephen Hall | M40 | Trawden AC | 00:35:31 |
| 8 | 203 | 8 | | Steven Townley | M | Sale Harriers Manchester | 00:35:47 |
| 9 | 448 | 9 | | Steve Watmough | M50 | Warrington AC | 00:35:56 |
| 10 | 279 | 10 | | Dominic Gavin | M | Bolton United Harriers | 00:35:58 |
| 11 | 457 | 11 | | Paul Brindle | M45 | Darwen Dashers | 00:36:00 |
| 12 | 429 | 12 | | Matt Driver | M | Holcombe Harriers | 00:36:02 |
| 13 | 341 | 13 | | Lee Goodwin | M | Unattached | 00:36:03 |
| 14 | 299 | 14 | | Paul Guinan | M45 | Blackburn Harriers | 00:36:15 |
| 15 | 477 | 15 | | Anthony McLoughlin | M | Unattached | 00:36:26 |
| 16 | 513 | 16 | | Paul Muller | M55 | Horwich RMI Harriers | 00:36:32 |
| 17 | 418 | 17 | | Ugis Datavs | M | Wesham Road Runners | 00:36:35 |
| 18 | 461 | | 1 | Laura Hesketh | F | Clayton le Moors Harriers | 00:36:37 |
| 19 | 242 | 18 | | David Taylor | M | Wesham Road Runners | 00:36:40 |
| 20 | 231 | 19 | | Michael Osinski-Gray | M | Unattached | 00:36:47 |
| 21 | 270 | 20 | | Chris Povey | M40 | Bolton United Harriers | 00:36:50 |
| 22 | 449 | 21 | | Ben Costello | M | Blackburn Harriers | 00:36:59 |
| 23 | 180 | 22 | | Neil Trott | M | Holcombe Harriers | 00:37:07 |
| 24 | 60 | 23 | | Thomas Howarth | M | Lytham St Annes RR | 00:37:08 |
| 25 | 402 | 24 | | David Parkinson | M50 | Red Rose Road Runners | 00:37:33 |
| 26 | 239 | 25 | | Paul Gregory | M | Wesham Road Runners | 00:37:34 |
| 27 | 226 | 26 | | Gregory Callaghan | M50 | Liverpool Pembroke Sefton | 00:37:35 |
| 28 | 86 | 27 | | Garry Barnett | M50 | Wesham Road Runners | 00:37:40 |
| 29 | 179 | 28 | | Ben MacFarlane | M | Tri Preston | 00:37:50 |
| 30 | 263 | 29 | | Jason Barlow | M45 | Wesham Road Runners | 00:37:55 |
| 31 | 398 | 30 | | Lee Foley | M | Preston Harriers | 00:37:58 |
| 32 | 539 | 31 | | Paul Duffell | M40 | Red Rose Road Runners | 00:38:01 |
| 33 | 191 | 32 | | Aodhan Carson | M | Unattached | 00:38:07 |
| 34 | 335 | 33 | | Simon Jackson | M40 | Sale Harriers Manchester | 00:38:11 |
| 35 | 391 | 34 | | Ady Humphrys | M40 | Darwen Dashers | 00:38:16 |
| 36 | 329 | 35 | | Justin Allitt | M40 | Lytham St Annes RR | 00:38:17 |
| 37 | 470 | | 2 | Joanne Nelson | F45 | Darwen Dashers | 00:38:31 |
| 38 | 527 | 36 | | David Lord | M55 | Trawden AC | 00:38:37 |
| 39 | 215 | 37 | | John Hartley | M60 | Clayton le Moors Harriers | 00:38:38 |
| 40 | 488 | 38 | | Chris Boron | M | Unattached | 00:38:39 |
| 41 | 503 | 39 | | Thomas Battrick | M55 | Accrington Road Runners | 00:38:40 |
| 42 | 318 | 40 | | Peter Cruse | M50 | Wesham Road Runners | 00:38:56 |
| 43 | 322 | 41 | | Steve Myerscough | M40 | Wesham Road Runners | 00:39:06 |
| 44 | 133 | 42 | | Nicholas Smith | MJ | Blackburn Harriers | 00:39:21 |
| 45 | 371 | | 3 | Grace Handley | FJ | Blackburn Harriers | 00:39:25 |
| 46 | 443 | 43 | | Andy Smith | M45 | Darwen Dashers | 00:39:26 |
| 47 | 292 | 44 | | Richard Murray | M50 | Vale Royal AC | 00:39:30 |
| 48 | 208 | 45 | | Matthew Dewhurst | M | Unattached | 00:39:46 |
| 49 | 534 | 46 | | Pete Manning | M | Riversway Road Runners | 00:39:47 |
| 50 | 261 | 47 | | Andy Carey | M | Wesham Road Runners | 00:39:48 |
| 51 | 192 | | 4 | Michelle Carson | F | Unattached | 00:39:49 |
| 52 | 394 | 48 | | Phillip Quibell | M60 | Salford Harriers & AC | 00:39:54 |

| | | | | | | |
|-----|-----|----|----------------------|-----|---------------------------|----------|
| 53 | 315 | 49 | Lee Quibell | M | Red Rose Road Runners | 00:39:55 |
| 54 | 547 | 5 | Katherine Cousins | F | Lancaster & Morecambe AC | 00:39:56 |
| 55 | 501 | 50 | Dan Grundy | M40 | Vegan Runners | 00:40:06 |
| 56 | 14 | 51 | Antony Beard | M | Unattached | 00:40:12 |
| 57 | 301 | 52 | Miras Eskander | M | Mick Road Runners | 00:40:14 |
| 58 | 450 | 53 | David Chell | M40 | Unattached | 00:40:22 |
| 59 | 221 | 54 | Russ Corsini | M55 | Darwen Dashers | 00:40:38 |
| 60 | 160 | 55 | Mark Headley | M50 | Unattached | 00:40:47 |
| 61 | 516 | 56 | Simon Eaton | M45 | Wesham Road Runners | 00:40:56 |
| 62 | 237 | 57 | John Naylor | M | Red Rose Road Runners | 00:41:01 |
| 63 | 505 | 58 | Nigel Shepherd | M55 | Wesham Road Runners | 00:41:04 |
| 64 | 204 | 59 | Robert Harrison | M | Unattached | 00:41:09 |
| 65 | 419 | 6 | Gema Snape | F | Tri Preston | 00:41:10 |
| 66 | 425 | 60 | Andy Crawshaw | M50 | Ledbury & District Harrs | 00:41:18 |
| 67 | 131 | 61 | Robert Cassidy | M | Racepace | 00:41:39 |
| 68 | 106 | 62 | Andrew Kidd | M | Unattached | 00:41:43 |
| 69 | 253 | 63 | Pete Waywell | M45 | Thornton Cleveleys RC | 00:41:44 |
| 70 | 463 | 64 | Dougie Potter | M | Preston Harriers | 00:41:45 |
| 71 | 317 | 65 | Philip Molloy | M | Unattached | 00:41:45 |
| 72 | 217 | 66 | Paul Eaton | M | Unattached | 00:41:46 |
| 73 | 290 | 67 | Russell Morris | M45 | Darwen Dashers | 00:41:47 |
| 74 | 148 | 68 | Arran Galvin | M | Wesham Road Runners | 00:41:48 |
| 75 | 484 | 69 | Kieron Carroll | M | Unattached | 00:41:49 |
| 76 | 495 | 70 | Michael Hogan | M45 | Clayton le Moors Harriers | 00:41:57 |
| 77 | 119 | 71 | Steven Simpson | M | Unattached | 00:41:59 |
| 78 | 432 | 72 | Neil Baynton-Roberts | M55 | Lytham St Annes RR | 00:42:17 |
| 79 | 433 | 7 | Jenny Clark | F35 | Thornton Cleveleys RC | 00:42:18 |
| 80 | 427 | 73 | Brian Cumpsty | M50 | Thornton Cleveleys RC | 00:42:21 |
| 81 | 336 | 74 | Ben Slaven | M | Unattached | 00:42:22 |
| 82 | 47 | 8 | Helen Lawrenson | F45 | Wesham Road Runners | 00:42:52 |
| 83 | 22 | 75 | Graeme Hunter | M | Unattached | 00:42:54 |
| 84 | 444 | 76 | Stephen Needham | M | Preston Harriers | 00:42:56 |
| 85 | 94 | 77 | Steve White | M50 | Holcombe Harriers | 00:42:57 |
| 86 | 236 | 78 | Joseph Tyldesley | M | Thornton Cleveleys RC | 00:42:58 |
| 87 | 34 | 79 | Christopher Lowe | M | Darwen Dashers | 00:42:59 |
| 88 | 480 | 80 | Andy Martin | M | Red Rose Road Runners | 00:43:00 |
| 89 | 535 | 9 | Alison Thomson | F | Riversway Road Runners | 00:43:01 |
| 90 | 37 | 81 | Andrew Beswick | M45 | Unattached | 00:43:03 |
| 91 | 267 | 82 | Ray Taylor | M65 | Red Rose Road Runners | 00:43:07 |
| 92 | 90 | 10 | Nicola Unsworth | F45 | Wesham Road Runners | 00:43:09 |
| 93 | 456 | 83 | Steve Townhill | M40 | Preston Harriers | 00:43:13 |
| 94 | 250 | 84 | Duncan Carter | M45 | Wesham Road Runners | 00:43:15 |
| 95 | 474 | 85 | Dave Evans | M65 | Eden Runners | 00:43:16 |
| 96 | 256 | 86 | Steven Livesey | M50 | Thornton Cleveleys RC | 00:43:17 |
| 97 | 61 | 87 | Ian Gahagan | M60 | Northern Masters AC | 00:43:22 |
| 98 | 401 | 88 | Stephen Biscomb | M60 | Clayton le Moors Harriers | 00:43:23 |
| 99 | 431 | 89 | Peter Singleton | M55 | Blackpool Wyre & Fylde AC | 00:43:24 |
| 100 | 507 | 11 | Dany Robson | F45 | Unattached | 00:43:25 |
| 101 | 150 | 90 | Mark Renshall | M40 | Wesham Road Runners | 00:43:26 |
| 102 | 155 | 91 | Stuart Topping | M45 | Wesham Road Runners | 00:43:27 |
| 103 | 113 | 92 | Michael Wilkinson | M40 | Swinton Running Club | 00:43:28 |
| 104 | 454 | 93 | Phil McCardle | M40 | Holcombe Harriers | 00:43:29 |
| 105 | 362 | 94 | Colin Waters | M50 | Unattached | 00:43:30 |
| 106 | 538 | 12 | Emma Naylor | F | Wigan Phoenix | 00:43:51 |

| | | | | | | |
|-----|-----|-----|----------------------|-----|---------------------------|----------|
| 107 | 11 | 95 | John McDonald | M50 | Trawden AC | 00:43:52 |
| 108 | 536 | 96 | Steve Legge | M45 | Unattached | 00:43:55 |
| 109 | 483 | 97 | Philip McLoughlin | M | Unattached | 00:43:57 |
| 110 | 479 | 98 | Stuart Thompson | M65 | Bingley Harriers & AC | 00:43:59 |
| 111 | 397 | 99 | Phil Cray | M50 | Garstang Running Club | 00:44:03 |
| 112 | 260 | 13 | Jill Jefferson | F55 | Red Rose Road Runners | 00:44:10 |
| 113 | 165 | 100 | Andy Hale | M40 | Red Rose Road Runners | 00:44:14 |
| 114 | 342 | 14 | Tony Taylor | F45 | Unattached | 00:44:18 |
| 115 | 130 | 15 | Tanya Bunkham | F | Trawden AC | 00:44:22 |
| 116 | 163 | 101 | Antony Walton | M | Blackburn Harriers | 00:44:23 |
| 117 | 13 | 102 | Tony McAndrew | M | Royton Road Runners | 00:44:32 |
| 118 | 282 | 103 | Mark Willett | M40 | Red Rose Road Runners | 00:44:39 |
| 119 | 298 | 104 | Simon Thomas | M40 | Unattached | 00:44:43 |
| 120 | 147 | 105 | Richard Davies | M55 | Bowland Fell Runners | 00:44:50 |
| 121 | 172 | 106 | Ian Attenborough | M45 | Unattached | 00:44:52 |
| 122 | 232 | 107 | Paul Basnett | M45 | Astley & Tyldesley RC | 00:44:53 |
| 123 | 441 | 108 | Andrew McAllister | M60 | Darwen Dashers | 00:44:54 |
| 124 | 404 | 16 | Leanne Postlethwaite | F | Darwen Dashers | 00:44:55 |
| 125 | 343 | 109 | Andrew Raynes | M55 | Blackburn Road Runners | 00:44:58 |
| 126 | 482 | 110 | Andrew Figiel | M50 | Accrington Road Runners | 00:45:23 |
| 127 | 184 | 111 | John Clayton | M | Blackburn Road Runners | 00:45:28 |
| 128 | 118 | 112 | Eddy Cooke | M | Team Deane | 00:45:29 |
| 129 | 541 | 113 | Lee Morrison | M40 | Unattached | 00:45:30 |
| 130 | 361 | 114 | Pete McLean | M50 | Unattached | 00:45:32 |
| 131 | 127 | 115 | Martin Bates | M60 | Wesham Road Runners | 00:45:33 |
| 132 | 158 | 116 | Sean Murray | M | Wesham Road Runners | 00:45:38 |
| 133 | 537 | 117 | Michael Hall | M45 | Red Rose Road Runners | 00:45:40 |
| 134 | 439 | 118 | Paul Woan | M45 | Red Rose Road Runners | 00:45:41 |
| 135 | 241 | 119 | Stephen Browne | M50 | Wesham Road Runners | 00:45:46 |
| 136 | 137 | 120 | Michael Smallwood | M50 | Wye Valley Runners | 00:45:51 |
| 137 | 502 | 121 | David Morris | M45 | Unattached | 00:45:58 |
| 138 | 549 | 122 | Lee Tasker | M | Unattached | 00:45:59 |
| 139 | 132 | 123 | David Smith | M50 | Blackburn Road Runners | 00:46:07 |
| 140 | 521 | 124 | Alan Power | M55 | Wigan Phoenix | 00:46:14 |
| 141 | 193 | 125 | Ryan Azzopardi | M | Wesham Road Runners | 00:46:20 |
| 142 | 368 | 126 | David Wilkinson | M55 | Lancaster & Morecambe AC | 00:46:24 |
| 143 | 120 | 127 | Colin Simpson | M55 | Unattached | 00:46:33 |
| 144 | 7 | 128 | Craig Hummer | M45 | Unattached | 00:46:40 |
| 145 | 526 | 129 | Dave Arnold | M40 | Unattached | 00:46:43 |
| 146 | 375 | 130 | Mi Brandon | M | Unattached | 00:46:50 |
| 147 | 27 | 131 | Mark Johnson | M45 | Unattached | 00:46:51 |
| 148 | 4 | 132 | James Cassidy | M50 | Unattached | 00:46:52 |
| 149 | 194 | 133 | Elliott Costello | M | Wesham Road Runners | 00:46:53 |
| 150 | 445 | 134 | Doug Bryden | M45 | Red Rose Road Runners | 00:46:54 |
| 151 | 459 | 135 | Daniel Higgins | M | Preston Harriers | 00:46:59 |
| 152 | 506 | 136 | Martin Brady | M50 | Clayton le Moors Harriers | 00:47:24 |
| 153 | 80 | 137 | George Critchley | M55 | Holcombe Harriers | 00:47:27 |
| 154 | 366 | 138 | Chris Precious | M40 | Unattached | 00:47:31 |
| 155 | 364 | 139 | Pete Baistow | M | Pendle AC | 00:47:32 |
| 156 | 117 | 140 | Ian Broadbent | M45 | Otley AC | 00:47:37 |
| 157 | 410 | 17 | Carolyn Lee | F40 | Holcombe Harriers | 00:47:38 |
| 158 | 309 | 141 | L. Maclean-Bristol | M40 | Unattached | 00:47:43 |
| 159 | 310 | 142 | Matt Dillon | M40 | Unattached | 00:47:44 |
| 160 | 435 | 143 | David Slack | M50 | Fylde Coast Runners | 00:47:46 |

| | | | | | | |
|-----|-----|-----|----------------------|-----|---------------------------|----------|
| 161 | 6 | 18 | Francesca Bury | F | Darwen Dashers | 00:47:47 |
| 162 | 24 | 144 | Mark Rigby | M45 | Unattached | 00:47:48 |
| 163 | 514 | 145 | Stuart Winstanley | M | Unattached | 00:47:50 |
| 164 | 207 | 19 | Dawn Tibbs | F45 | Trawden AC | 00:47:52 |
| 165 | 152 | 146 | Kieran Fitzgerald | M | Unattached | 00:47:56 |
| 166 | 328 | 20 | Nicki Rushton | F50 | Chorley AC & Tri Club | 00:48:00 |
| 167 | 458 | 147 | Fraser Tidman | M | Unattached | 00:48:04 |
| 168 | 36 | 148 | Roy Stevens | M65 | Lytham St Annes RR | 00:48:10 |
| 169 | 491 | 149 | Michael Bolton | M | Unattached | 00:48:12 |
| 170 | 271 | 150 | Lee Burton | M | Red Rose Road Runners | 00:48:13 |
| 171 | 48 | 151 | Dave Hogg | M45 | Unattached | 00:48:20 |
| 172 | 532 | 21 | Jen Aldworth | F | Unattached | 00:48:25 |
| 173 | 95 | 22 | Carol White | F50 | Holcombe Harriers | 00:48:28 |
| 174 | 339 | 23 | Linda Leyland | F55 | Northern Masters AC | 00:48:31 |
| 175 | 323 | 152 | David Allen | M65 | Darwen Dashers | 00:48:32 |
| 176 | 424 | 153 | Neil McGinty | M45 | Unattached | 00:48:44 |
| 177 | 243 | 24 | Alona Versina | F | Wesham Road Runners | 00:48:45 |
| 178 | 347 | 25 | Fiona Glen | F40 | Accrington Road Runners | 00:48:53 |
| 179 | 20 | 26 | Jessica Coulthurst | FJ | Wesham Road Runners | 00:49:00 |
| 180 | 494 | 154 | Darran Ames | M | Unattached | 00:49:03 |
| 181 | 333 | 155 | Robert McCann | M | Unattached | 00:49:10 |
| 182 | 73 | 156 | Roy Glendinning | M45 | Unattached | 00:49:11 |
| 183 | 421 | 27 | Alison Bradshaw | F40 | Unattached | 00:49:12 |
| 184 | 141 | 28 | Gillian Pryor | F40 | Thornton Cleveleys RC | 00:49:22 |
| 185 | 17 | 157 | Steven Robinson | M60 | Thornton Cleveleys RC | 00:49:23 |
| 186 | 111 | 158 | Trevor Gilbert | M60 | Unattached | 00:49:24 |
| 187 | 384 | 159 | Michael Williams | M50 | Unattached | 00:49:33 |
| 188 | 43 | 160 | John Russell | M50 | Preston Harriers | 00:49:36 |
| 189 | 340 | 161 | John Arnold | M45 | Unattached | 00:49:44 |
| 190 | 85 | 162 | Ian Smalley | M40 | Unattached | 00:49:46 |
| 191 | 311 | 163 | Dan Anderson | M | Unattached | 00:49:47 |
| 192 | 511 | 29 | Kath Brady | F50 | Clayton le Moors Harriers | 00:49:48 |
| 193 | 99 | 164 | David Mercer | M | Unattached | 00:49:56 |
| 194 | 408 | 165 | Phil White | M60 | Blackburn Road Runners | 00:49:57 |
| 195 | 12 | 30 | Linda Ensby | F50 | Trawden AC | 00:50:00 |
| 196 | 420 | 166 | Craig Platt | M45 | Unattached | 00:50:03 |
| 197 | 412 | 31 | Hannah Lambert | F35 | Holcombe Harriers | 00:50:11 |
| 198 | 272 | 167 | Robert Smith | M60 | Trawden AC | 00:50:13 |
| 199 | 308 | 32 | Liz Connors | F60 | Unattached | 00:50:18 |
| 200 | 324 | 168 | John Houghton | M55 | Unattached | 00:50:19 |
| 201 | 377 | 169 | Barry Skelton | M45 | Unattached | 00:50:22 |
| 202 | 258 | 170 | Steve Burgess | M55 | Thornton Cleveleys RC | 00:50:25 |
| 203 | 518 | 171 | Frank Miller | M65 | Garstang Running Club | 00:50:40 |
| 204 | 123 | 172 | Joshua Baxter | MJ | Unattached | 00:50:41 |
| 205 | 475 | 33 | Bernadette Dickinson | F50 | Wesham Road Runners | 00:50:43 |
| 206 | 346 | 173 | Paul Gregory | M45 | Unattached | 00:50:45 |
| 207 | 523 | 174 | Stephen Turner | M45 | Unattached | 00:50:46 |
| 208 | 357 | 175 | Ken Gawne | M45 | Unattached | 00:50:49 |
| 209 | 515 | 176 | John Clucas | M50 | Blackburn Road Runners | 00:50:50 |
| 210 | 126 | 177 | Ian Sarginson | M | Unattached | 00:50:51 |
| 211 | 129 | 178 | David Shorrocks | M65 | Darwen Dashers | 00:50:58 |
| 212 | 93 | 179 | Mike Roberts | M55 | Penny Lane Striders | 00:50:59 |
| 213 | 234 | 180 | Kevin McCumiskey | M | Wesham Road Runners | 00:51:00 |
| 214 | 81 | 181 | Benjamin Jessop | M | Unattached | 00:51:01 |

| | | | | | | |
|-----|-----|-----|--------------------|-----|---------------------------|----------|
| 215 | 519 | 182 | Mark Hammond | M45 | Accrington Road Runners | 00:51:15 |
| 216 | 467 | 34 | Amanda Goode | F35 | Unattached | 00:51:18 |
| 217 | 212 | 183 | Simon Howard | MJ | Unattached | 00:51:19 |
| 218 | 92 | 184 | Michael Davies | M50 | Tadley Runners | 00:51:25 |
| 219 | 42 | 35 | Kirsten Burnett | F40 | Lytham St Annes RR | 00:51:26 |
| 220 | 162 | 36 | Vicky Gore | F40 | Red Rose Road Runners | 00:51:30 |
| 221 | 385 | 185 | Paul Willis | M40 | Unattached | 00:51:32 |
| 222 | 327 | 186 | Paul Evans | M65 | Thornton Cleveleys RC | 00:51:36 |
| 223 | 84 | 187 | Alan Yates | M | Unattached | 00:51:38 |
| 224 | 29 | 188 | Ian Martland | M45 | Unattached | 00:51:47 |
| 225 | 430 | 37 | Carol Douglass | F70 | Red Rose Road Runners | 00:51:48 |
| 226 | 517 | 38 | Angela Turner | F45 | Unattached | 00:51:50 |
| 227 | 469 | 189 | Gary Parkinson | M40 | Thornton Cleveleys RC | 00:51:51 |
| 228 | 136 | 39 | Alice Hartley | F | Red Rose Road Runners | 00:51:53 |
| 229 | 98 | 190 | Mark Townsend | M40 | Unattached | 00:52:05 |
| 230 | 116 | 191 | Peter Gibson | M60 | Blackpool Wyre & Fylde AC | 00:52:06 |
| 231 | 409 | 192 | Peter Cobb | M50 | Unattached | 00:52:07 |
| 232 | 369 | 40 | Carole Wilkinson | F55 | Lancaster & Morecambe AC | 00:52:10 |
| 233 | 186 | 193 | Mike Percy | M50 | Garstang Running Club | 00:52:14 |
| 234 | 508 | 194 | Graham Brook | M50 | Wesham Road Runners | 00:52:19 |
| 235 | 498 | 195 | Mike Warriner | M | Unattached | 00:52:29 |
| 236 | 229 | 41 | Issy Dhan | F35 | Unattached | 00:52:31 |
| 237 | 222 | 196 | Jeffrey Pendlebury | M55 | Burnden Road Runners | 00:52:41 |
| 238 | 307 | 197 | Richard Norman | M40 | Unattached | 00:52:42 |
| 239 | 399 | 198 | James Hughes | M45 | Unattached | 00:52:45 |
| 240 | 423 | 199 | Andrew Pearce | M | Unattached | 00:52:46 |
| 241 | 319 | 200 | Patrick Caffrey | M | Unattached | 00:52:48 |
| 242 | 296 | 201 | Shane Cliffe | M50 | Red Rose Road Runners | 00:52:54 |
| 243 | 96 | 202 | David Elliott | M60 | Unattached | 00:52:55 |
| 244 | 176 | 203 | Adrian Sargent | M | Unattached | 00:52:58 |
| 245 | 138 | 42 | Billy Smallwood | F50 | Wye Valley Runners | 00:53:00 |
| 246 | 490 | 43 | Ruth Wheatley | F45 | Lytham St Annes RR | 00:53:01 |
| 247 | 489 | 204 | Tim Armit | M50 | Fylde Tri Club | 00:53:02 |
| 248 | 189 | 205 | Dave Withers | M | Unattached | 00:53:05 |
| 249 | 354 | 206 | John Fay | M | Unattached | 00:53:08 |
| 250 | 104 | 44 | Viv Sherry | F | Tri Preston | 00:53:10 |
| 251 | 254 | 207 | Andy Whitham | M60 | Thornton Cleveleys RC | 00:53:15 |
| 252 | 202 | 45 | Karlynn Forrest | F35 | Preston Harriers | 00:53:16 |
| 253 | 264 | 208 | Mark Dobson | M50 | Wesham Road Runners | 00:53:23 |
| 254 | 76 | 46 | Louise Lord | F40 | Unattached | 00:53:24 |
| 255 | 245 | 209 | Robert Danson | M50 | Wesham Road Runners | 00:53:25 |
| 256 | 358 | 210 | Bernard Brown | M50 | Unattached | 00:53:27 |
| 257 | 288 | 211 | James Clitheroe | M60 | Unattached | 00:53:42 |
| 258 | 219 | 212 | Finlay McCalman | M50 | Wesham Road Runners | 00:53:43 |
| 259 | 300 | 47 | Kerry Elliott | F40 | Darwen Dashers | 00:53:43 |
| 260 | 247 | 213 | Bruce Elliott | M50 | Darwen Dashers | 00:53:44 |
| 261 | 195 | 214 | Graham Vickers | M55 | Wesham Road Runners | 00:53:53 |
| 262 | 389 | 215 | Daniel Ormisher | M | Unattached | 00:53:54 |
| 263 | 82 | 48 | Natalie Atkinson | F | Unattached | 00:53:56 |
| 264 | 114 | 49 | Elsa Bates | F35 | Tri Preston | 00:54:02 |
| 265 | 363 | 50 | Jean Baistow | F65 | Trawden AC | 00:54:03 |
| 266 | 465 | 216 | Peter Hoyle | M55 | Accrington Road Runners | 00:54:04 |
| 267 | 83 | 217 | Ben Atkinson | M | Unattached | 00:54:08 |
| 268 | 373 | 51 | Sam Sunderland | F | Unattached | 00:54:14 |

| | | | | | | |
|-----|-----|-----|----------------------|-----|---------------------------|----------|
| 269 | 228 | 52 | Vikki Wrigley | F40 | Thornton Cleveleys RC | 00:54:16 |
| 270 | 403 | 53 | Paula Stell | F40 | Red Rose Road Runners | 00:54:17 |
| 271 | 251 | 54 | Lisa Minns | F50 | Wesham Road Runners | 00:54:18 |
| 272 | 348 | 218 | Jared Egan | M | Unattached | 00:54:20 |
| 273 | 289 | 55 | Sarah Murphy | F | Thornton Cleveleys RC | 00:54:24 |
| 274 | 349 | 219 | Steven Waterhouse | M | Thornton Cleveleys RC | 00:54:25 |
| 275 | 79 | 56 | Carole Critchley | F55 | Holcombe Harriers | 00:54:28 |
| 276 | 53 | 220 | Christopher Conroy | M60 | Unattached | 00:54:32 |
| 277 | 551 | 57 | Catherine Butler | F45 | Unattached | 00:54:41 |
| 278 | 31 | 221 | Stephen Walker | M40 | Red Rose Road Runners | 00:54:49 |
| 279 | 175 | 222 | Brett Walker | M40 | Unattached | 00:54:55 |
| 280 | 365 | 58 | Jill Baistow | F35 | Pendle AC | 00:54:56 |
| 281 | 405 | 59 | Catherine Nicholls | F40 | Unattached | 00:54:58 |
| 282 | 139 | 60 | Lynsey Chick | F35 | Unattached | 00:55:05 |
| 283 | 35 | 223 | Paul Carter | M45 | Wesham Road Runners | 00:55:06 |
| 284 | 305 | 224 | Geoffrey Knowles | M55 | Bolton United Harriers | 00:55:07 |
| 285 | 149 | 61 | Anne Mayers-Smith | F35 | Wesham Road Runners | 00:55:12 |
| 286 | 422 | 225 | Dean Bradshaw | M40 | Unattached | 00:55:14 |
| 287 | 25 | 226 | Paul Todd | M40 | DH Runners | 00:55:18 |
| 288 | 478 | 62 | Helen Dickson | F45 | Accrington Road Runners | 00:55:21 |
| 289 | 28 | 227 | Neil Price | M45 | Unattached | 00:55:22 |
| 290 | 411 | 63 | Joanna Stevens | F40 | Holcombe Harriers | 00:55:23 |
| 291 | 5 | 228 | Mark Butler | M50 | Unattached | 00:55:31 |
| 292 | 550 | 64 | Ann Butler | F50 | Burnden Road Runners | 00:55:36 |
| 293 | 464 | 65 | Janet Hoyle | F55 | Accrington Road Runners | 00:55:39 |
| 294 | 23 | 229 | Simon Beard | M45 | Ribby Hall Tri | 00:55:40 |
| 295 | 481 | 230 | Martin Foley | M45 | Red Rose Road Runners | 00:55:42 |
| 296 | 472 | 231 | James McCallumCherry | M | Unattached | 00:55:43 |
| 297 | 18 | 232 | Marc Baxter | M40 | Unattached | 00:55:50 |
| 298 | 190 | 233 | Michael Ingham | M45 | Unattached | 00:55:54 |
| 299 | 446 | 234 | Ashley Weir | M45 | Blackburn Road Runners | 00:55:56 |
| 300 | 246 | 66 | Maureen Danson | F50 | Wesham Road Runners | 00:56:02 |
| 301 | 265 | 67 | Pauline Eccleston | F45 | Wesham Road Runners | 00:56:06 |
| 302 | 325 | 235 | Michael Hall | M50 | Holmfirth Harriers | 00:56:12 |
| 303 | 196 | 68 | Karen Clark | F55 | Red Rose Road Runners | 00:56:17 |
| 304 | 451 | 236 | Simon Ashworth | M | Unattached | 00:56:20 |
| 305 | 110 | 69 | Mandy Beard | F50 | Swinton Running Club | 00:56:32 |
| 306 | 88 | 237 | Mark Neath | M | Unattached | 00:56:36 |
| 307 | 223 | 238 | Lee Longworth | M45 | Unattached | 00:56:37 |
| 308 | 107 | 239 | Paul Shier | M | Swinton Running Club | 00:56:43 |
| 309 | 473 | 240 | Gareth McGuire | M | Unattached | 00:56:45 |
| 310 | 280 | 70 | Patricia Evans | F65 | Lancashire Walking Club | 00:57:06 |
| 311 | 522 | 241 | Ian Maddrell | M | Atherton Running Club | 00:57:08 |
| 312 | 393 | 71 | Janine McNeill | F45 | Thornton Cleveleys RC | 00:57:11 |
| 313 | 407 | 72 | Samantha Edwards | F | Fylde Coast Runners | 00:57:12 |
| 314 | 353 | 73 | Elaine Whitehead | F40 | Unattached | 00:57:24 |
| 315 | 30 | 242 | Justin Balfour | M | Unattached | 00:57:26 |
| 316 | 493 | 74 | Gina Chelton | F | Red Rose Road Runners | 00:57:29 |
| 317 | 338 | 243 | William Nelson | M65 | Red Rose Road Runners | 00:57:31 |
| 318 | 381 | 244 | Jeffrey Wright | M55 | Blackpool Wyre & Fylde AC | 00:57:31 |
| 319 | 388 | 75 | Mary Conway | F55 | Red Rose Road Runners | 00:57:36 |
| 320 | 224 | 245 | Levi Longworth | MJ | Unattached | 00:57:45 |
| 321 | 109 | 246 | Graham Roberts | M | Red Rose Road Runners | 00:57:50 |
| 322 | 40 | 247 | Paul Adams | M40 | Unattached | 00:57:57 |

| | | | | | | |
|-----|-----|-----|---------------------|-----|-------------------------|----------|
| 323 | 262 | 76 | Barbara Monk | F45 | Unattached | 00:57:58 |
| 324 | 306 | 248 | Carl Nicholas | M50 | Unattached | 00:58:04 |
| 325 | 485 | 77 | Karen Figiel | F50 | Accrington Road Runners | 00:58:05 |
| 326 | 370 | 78 | Laura Byrne | F35 | Lytham St Annes RR | 00:58:06 |
| 327 | 510 | 249 | Ian Chadwick | M | Unattached | 00:58:11 |
| 328 | 181 | 250 | Sean Kinney | M50 | Unattached | 00:58:12 |
| 329 | 281 | 251 | Mark Ainsworth | M45 | Unattached | 00:58:13 |
| 330 | 447 | 79 | Joanne Weir | F45 | Blackburn Road Runners | 00:58:14 |
| 331 | 462 | 80 | Jane Matthewman | F35 | Blackburn Road Runners | 00:58:15 |
| 332 | 466 | 252 | Paul Walmsley | M55 | Blackburn Road Runners | 00:58:16 |
| 333 | 49 | 81 | Kathakoli Dasgupta | F35 | Unattached | 00:58:19 |
| 334 | 452 | 82 | Teri Harwood | F50 | Unattached | 00:58:25 |
| 335 | 46 | 253 | Graham Jordan | M45 | Unattached | 00:58:34 |
| 336 | 62 | 83 | Beata Matulewicz | F40 | Unattached | 00:58:35 |
| 337 | 379 | 254 | Paul Gardner | M | Unattached | 00:58:46 |
| 338 | 320 | 84 | Helen Boyer | F40 | Preston Harriers | 00:58:48 |
| 339 | 552 | 255 | Andrew Butler | M45 | Unattached | 00:58:50 |
| 340 | 238 | 85 | Sally Deacon | F50 | Wesham Road Runners | 00:58:51 |
| 341 | 240 | 86 | Julie Rooney | F40 | Wesham Road Runners | 00:58:54 |
| 342 | 524 | 256 | Chris Cash | M55 | Darwen Dashers | 00:59:01 |
| 343 | 500 | 257 | Peter Cooke | M55 | Wesham Road Runners | 00:59:02 |
| 344 | 350 | 87 | Tracy Hickey | F45 | Blackburn Road Runners | 00:59:03 |
| 345 | 544 | 258 | Dale Wolstenholme | M | Unattached | 00:59:05 |
| 346 | 135 | 259 | Gordon Johnson | M50 | Unattached | 00:59:07 |
| 347 | 367 | 260 | David Mole | M55 | Unattached | 00:59:08 |
| 348 | 372 | 88 | Louise Greenall | F | Unattached | 00:59:10 |
| 349 | 218 | 89 | Gillian Rushworth | F40 | Unattached | 00:59:13 |
| 350 | 496 | 261 | Sid Makinson | M40 | Blackburn Road Runners | 00:59:18 |
| 351 | 417 | 90 | Helen Greenhalgh | F35 | Red Rose Road Runners | 00:59:27 |
| 352 | 492 | 91 | Maddie Azzopardi | F35 | Wesham Road Runners | 00:59:31 |
| 353 | 209 | 92 | Linzi Dearden | F45 | Unattached | 00:59:34 |
| 354 | 321 | 93 | Jennifer Pollard | F35 | Unattached | 00:59:35 |
| 355 | 376 | 94 | Judith Barnes | F50 | Blackburn Road Runners | 00:59:36 |
| 356 | 278 | 95 | Lisa Moran | F45 | Darwen Dashers | 00:59:37 |
| 357 | 78 | 262 | Craig Longworth | M40 | Unattached | 00:59:46 |
| 358 | 74 | 96 | Paula James | F45 | Unattached | 00:59:55 |
| 359 | 178 | 263 | Dean Townsend | M50 | Unattached | 01:00:02 |
| 360 | 426 | 97 | Angela Meadows | F40 | Unattached | 01:00:03 |
| 361 | 414 | 264 | Rick Wilson | M45 | Blackburn Road Runners | 01:00:04 |
| 362 | 269 | 98 | Bev Mason | F50 | Thornton Cleveleys RC | 01:00:05 |
| 363 | 332 | 265 | Andrew Potts | M55 | Unattached | 01:00:06 |
| 364 | 252 | 99 | Kirst Waywell | F40 | Thornton Cleveleys RC | 01:00:18 |
| 365 | 3 | 100 | Emma Howard | F35 | Unattached | 01:00:22 |
| 366 | 390 | 101 | Kalyani Menon | F35 | Unattached | 01:00:26 |
| 367 | 44 | 102 | Colette Russell | F45 | Unattached | 01:00:27 |
| 368 | 97 | 103 | Katie Robinson | F35 | Unattached | 01:00:33 |
| 369 | 103 | 104 | Lauren Hull | FJ | Unattached | 01:00:42 |
| 370 | 2 | 105 | D Vipond-Houghton | F | Unattached | 01:00:42 |
| 371 | 529 | 106 | Donna Shannon | F40 | Blackburn Road Runners | 01:00:47 |
| 372 | 504 | 107 | K. Ashcroft-Gardner | F40 | Blackburn Road Runners | 01:00:47 |
| 373 | 54 | 108 | Julie Griffiths | F40 | Unattached | 01:00:51 |
| 374 | 201 | 266 | David Day | M45 | Unattached | 01:01:21 |
| 375 | 468 | 267 | Craig Douglas | M50 | Blackburn Road Runners | 01:01:37 |
| 376 | 216 | 109 | Lynne Knowles | F40 | Unattached | 01:01:42 |

| | | | | | | |
|-----|-----|-----|--------------------|-----|---------------------------|----------|
| 377 | 58 | 110 | Ellen Russell | F | Unattached | 01:01:52 |
| 378 | 356 | 111 | Laura Smith | F | Unattached | 01:01:53 |
| 379 | 287 | 112 | Leanne Batty | F35 | Thornton Cleveleys RC | 01:02:10 |
| 380 | 101 | 268 | Alan Blackburn | M60 | Unattached | 01:02:16 |
| 381 | 39 | 113 | Michele Brooks | F | Unattached | 01:02:23 |
| 382 | 55 | 114 | Annette Van Zyl | F | Unattached | 01:02:34 |
| 383 | 540 | 115 | Alice Newton | F | Unattached | 01:02:44 |
| 384 | 197 | 116 | Alison Park | F | Unattached | 01:03:17 |
| 385 | 334 | 117 | Sarah Bradshaw | F50 | Lytham St Annes RR | 01:03:18 |
| 386 | 355 | 269 | Kenny Gawne | M | Unattached | 01:03:24 |
| 387 | 213 | 118 | Lyndsey French | F | Preston Harriers | 01:03:24 |
| 388 | 337 | 119 | Helen McKay | F40 | Unattached | 01:03:27 |
| 389 | 185 | 120 | Ruth Bye | F | Lytham St Annes RR | 01:03:32 |
| 390 | 275 | 270 | Norman Walsh | M60 | Darwen Dashers | 01:03:33 |
| 391 | 455 | 121 | Viki Walsh | F35 | Darwen Dashers | 01:03:34 |
| 392 | 442 | 271 | Jim Taylor | M65 | Darwen Dashers | 01:03:40 |
| 393 | 26 | 272 | Bill Shaw | M50 | Unattached | 01:04:08 |
| 394 | 57 | 122 | Valerie Anirah | FJ | Unattached | 01:05:13 |
| 395 | 167 | 123 | Cath Knight | F45 | Unattached | 01:05:14 |
| 396 | 87 | 124 | Lesley Perkins | F45 | Tri Preston | 01:05:18 |
| 397 | 225 | 125 | Nikki Bentley | F | Red Rose Road Runners | 01:05:28 |
| 398 | 277 | 126 | Dawn Saunders | F35 | Thornton Cleveleys RC | 01:05:30 |
| 399 | 400 | 127 | Sandra Rolston | F55 | Red Rose Road Runners | 01:05:36 |
| 400 | 520 | 128 | Penny Morrison | F45 | Unattached | 01:05:36 |
| 401 | 382 | 129 | Debbie Bell | F40 | Wesham Road Runners | 01:05:37 |
| 402 | 255 | 130 | Karen Smith | F50 | Thornton Cleveleys RC | 01:05:44 |
| 403 | 380 | 131 | Cathy Salisbury | F45 | Unattached | 01:05:45 |
| 404 | 134 | 132 | Jane Laffey | F50 | Unattached | 01:05:48 |
| 405 | 220 | 133 | Sarah Bagshaw | F40 | Lytham St Annes RR | 01:05:59 |
| 406 | 360 | 273 | Chez McLean | M45 | Unattached | 01:06:08 |
| 407 | 257 | 134 | Karen Livesey | F50 | Thornton Cleveleys RC | 01:06:25 |
| 408 | 259 | 274 | Mike Walsh | M80 | Thornton Cleveleys RC | 01:06:34 |
| 409 | 52 | 135 | Laura Cruise | F | Unattached | 01:06:35 |
| 410 | 67 | 136 | Michelle Jordan | F45 | Unattached | 01:06:36 |
| 411 | 295 | 137 | Sally Cape | F50 | Red Rose Road Runners | 01:06:41 |
| 412 | 56 | 138 | Wendy Ward | F45 | Red Rose Road Runners | 01:06:41 |
| 413 | 274 | 139 | Sarah Foot | F | Unattached | 01:06:58 |
| 414 | 273 | 275 | Neil Brennan | M | Unattached | 01:06:59 |
| 415 | 143 | 140 | Tracey Felipes | F45 | Blackburn Road Runners | 01:07:48 |
| 416 | 314 | 141 | Jude Barton | F | Unattached | 01:07:51 |
| 417 | 359 | 142 | Pat Waters | F55 | Unattached | 01:08:00 |
| 418 | 530 | 143 | Hayley Topsiselvi | F35 | Unattached | 01:08:14 |
| 419 | 525 | 144 | Debbie Bevitt | F50 | Darwen Dashers | 01:08:25 |
| 420 | 316 | 145 | Victoria Talbot | F35 | Blackpool Wyre & Fylde AC | 01:08:36 |
| 421 | 169 | 146 | Michaela McCarron | F40 | Blackburn Road Runners | 01:08:52 |
| 422 | 161 | 147 | Martina Rimmer | F35 | Blackburn Road Runners | 01:08:56 |
| 423 | 200 | 148 | Caz Wadsworth | F50 | Wesham Road Runners | 01:09:02 |
| 424 | 105 | 149 | Hilary Sangster | F60 | Unattached | 01:09:04 |
| 425 | 214 | 150 | Amanda French | F55 | Preston Harriers | 01:09:04 |
| 426 | 156 | 151 | Sue Rigby | F40 | Wesham Road Runners | 01:09:07 |
| 427 | 543 | 152 | Terri Wolstenholme | F35 | Unattached | 01:09:28 |
| 428 | 406 | 276 | David Brown | M | Unattached | 01:09:34 |
| 429 | 533 | 153 | Heidi Webber | F40 | Red Rose Road Runners | 01:09:35 |
| 430 | 548 | 154 | Helen Tasker | F | Unattached | 01:09:37 |

| | | | | | | |
|-----|-----|-----|--------------------|-----|---------------------------|----------|
| 431 | 171 | 277 | Guy Collen | M40 | Unattached | 01:09:40 |
| 432 | 124 | 155 | Judith Payne | F45 | Unattached | 01:09:42 |
| 433 | 440 | 156 | Alaina Chesney | F | Preston Harriers | 01:09:56 |
| 434 | 297 | 157 | Tracy Woods | F45 | Red Rose Road Runners | 01:09:56 |
| 435 | 168 | 158 | Claire Hobson | F45 | Blackburn Road Runners | 01:10:52 |
| 436 | 415 | 159 | Lesley Smith | F45 | Blackburn Road Runners | 01:10:53 |
| 437 | 63 | 278 | Andrew Ivanauskas | M50 | Unattached | 01:12:02 |
| 438 | 1 | 279 | Graham Kissack | M65 | Clayton le Moors Harriers | 01:12:19 |
| 439 | 69 | 280 | George Flanagan | M65 | Wesham Road Runners | 01:12:21 |
| 440 | 437 | 160 | Crista Hindle | F45 | Unattached | 01:12:22 |
| 441 | 199 | 281 | Mike Ashcroft | M50 | Unattached | 01:12:23 |
| 442 | 509 | 161 | Nickie O'Hara | F40 | Unattached | 01:12:31 |
| 443 | 374 | 162 | Janette Covell | F50 | Red Rose Road Runners | 01:14:04 |
| 444 | 476 | 163 | Andrea Logue | F50 | Unattached | 01:14:42 |
| 445 | 100 | 164 | Michelle Camp | F35 | Unattached | 01:14:58 |
| 446 | 170 | 165 | Julie Kermath | F40 | Unattached | 01:15:00 |
| 447 | 460 | 282 | Derek Maytum | M55 | Unattached | 01:16:38 |
| 448 | 50 | 166 | Clare Williams | F35 | Unattached | 01:16:50 |
| 449 | 51 | 283 | David Williams | M40 | Unattached | 01:16:50 |
| 450 | 115 | 284 | Adam Fielder | M50 | Unattached | 01:17:14 |
| 451 | 434 | 167 | Hayley McMahon | F40 | Blackpool Wyre & Fylde AC | 01:17:30 |
| 452 | 108 | 168 | Katie Roberts | F35 | Unattached | 01:17:31 |
| 453 | 125 | 169 | Abigail Payne | F | Unattached | 01:17:31 |
| 454 | 140 | 285 | Jonathan Mallinson | M50 | Blackburn Road Runners | 01:17:38 |
| 455 | 198 | 170 | Jenny Shepherd | F | Thornton Cleveleys RC | 01:19:47 |
| 456 | 64 | 171 | Nichola Reay | F35 | Unattached | 01:20:15 |
| 457 | 436 | 172 | Monica Hollows | F50 | Unattached | 01:21:15 |
| 458 | 66 | 173 | Sarah Reay | F | Unattached | 01:22:42 |
| 459 | 65 | 174 | Lindsay Platt | F | Unattached | 01:22:46 |
| 460 | 145 | 175 | Lisa Rowe | F45 | Blackburn Road Runners | 01:24:40 |
| 461 | 144 | 176 | Beverley Pratt | F35 | Blackburn Road Runners | 01:24:40 |
| 462 | 276 | 177 | Bev Rustidge | F45 | Darwen Dashers | 01:27:07 |
| 463 | 188 | 178 | Estelle Morel | F35 | Unattached | 01:30:14 |